

PECO Cross Country League 2024-25: Race 3 (Middleton Park)

Senior Men's Results For Team Scores

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim
1	48	Roden	Freddie	Abbey Runners	MSEN	25:29	1	
2	699	Garbutt	Dan	St Therasas AC	M35	25:35	1	Y
3	109	Ravenhall	George	Airecentre Pacers	MSEN	26:44	2	
4	1090	Houlihan	Ben	Otley AC	MSEN	26:49	3	
5	837	Carter	Dom	York Postal Harriers	MSEN	27:05	4	
6	248	Boynton	Philip	Horsforth Harriers	M35	27:09	2	
7	1002	Lomas	Adam	Hyde Park Harriers	MSEN	27:12	5	
8	953	Mitchell	Thomas	Harrogate Harriers & AC	MSEN	27:32	6	
9	103	Humphries	Andrew	Airecentre Pacers	M35	27:36	3	
10	221	Shacklock	Luke	Harrogate Harriers & AC	MSEN	27:45	7	
11	223	Stanley	Adam	Harrogate Harriers & AC	MSEN	27:48	8	
12	357	Townson	Sam	Hyde Park Harriers	MSEN	27:52	9	
13	1207	Grant	Daniel	Valley Striders AC	M35	27:56	4	
14	404	Llewellyn	Ryan	Kirkstall Harriers	MSEN	28:10	10	
15	281	Ahmed	Abdu	Hyde Park Harriers	MSEN	28:19	11	
16	1020	Shinn	Oscar	Ilkley Harriers	MSEN	28:21	12	
17	984	Anderson	George	Hyde Park Harriers	M35	28:25	5	
18	287	Blackwood	Douglas	Hyde Park Harriers	MSEN	28:30	13	
19	644	Turner	Andy	Roundhay Runners	M35	28:31	6	
20	1204	Cheseldine	Edward	Valley Striders AC	MSEN	28:33	14	
21	1306	Hardy	Nick	Saltaire Striders	MSEN	28:43	15	
22	29	Hutchison	Ross	Abbey Runners	M40	28:51	1	
23	406	Lyall	Andrew	Kirkstall Harriers	MSEN	28:52	16	
24	1	Abrams-Cohen	Michael	Abbey Runners	MSEN	28:53	17	
25	332	Moulding	Thomas	Hyde Park Harriers	MSEN	28:55	18	
26	171	Riley	Liam	Chapel Allerton Runners	M35	28:59	7	
27	1018	Moore	Gawain	Ilkley Harriers	M45	29:01	1	
28	952	Garbutt	Rob	Harrogate Harriers & AC	M45	29:03	2	
29	222	Somerville	Gareth	Harrogate Harriers & AC	MSEN	29:10	19	
30	1321	O'Hara	Jordan	Wharfedale Harriers	MSEN	29:10	20	
31	1316	Venning	Thomas	Valley Striders AC	M45	29:11	3	
32	1209	Hollis	Sam	Valley Striders AC	MSEN	29:17	21	
33	350	Sykes	Richard	Hyde Park Harriers	M40	29:18	2	
34	875	Franklin	James	Abbey Runners	M45	29:19	4	Y
35	1245	Holmes	Christian	Wharfedale Harriers	M50	29:22	1	
36	880	Newbould	Ed	Abbey Runners	MSEN	29:24	22	
37	25	Holmes	Matthew	Abbey Runners	M45	29:26	5	
38	300	Douglas	Benjamin	Hyde Park Harriers	MSEN	29:31	23	Y
39	1315	Panesar	Rav	Valley Striders AC	M40	29:35	3	
40	932	Mortimer	Charlie	Chapel Allerton Runners	M40	29:37	4	
41	32	Jones	Simon	Abbey Runners	MSEN	29:39	24	
42	703	Herrington	Richard	St Therasas AC	M40	29:42	5	
43	1366	Tracey	Ciaran	Hyde Park Harriers	MSEN	29:45	25	
44	874	Brienen	Stef	Abbey Runners	MSEN	29:45	26	
45	965	Wilson	Ed	Harrogate Tri Club	MSEN	29:47	27	
46	427	Davis	Adam	Knaresborough Striders	MSEN	29:49	28	
47	1353	Willis	Alfie	Nidd Valley Road Runners	MSEN	29:52	29	

48	122	Colley	Ashley	Bradford Airedale AC	M35	29:55	8	
49	922	Anderton	Tom	Chapel Allerton Runners	MSEN	29:58	30	
50	1144	Moakler	Ben	Roundhay Runners	M40	30:00	6	
51	1016	Gott	Steven	Ilkley Harriers	M45	30:02	6	
52	999	Kemp	Chris	Hyde Park Harriers	MSEN	30:02	31	
53	700	Grinnell	Andrew	St Therasas AC	M50	30:03	2	
54	877	Harris	Simon	Abbey Runners	M40	30:05	7	
55	1201	Whiting	Tom	Vale of York Athletic Community	MSEN	30:08	32	Y
56	1308	Macfarlane	Russell	Saltaire Striders	M40	30:10	8	
57	712	Morrison	Cairn	St Therasas AC	M45	30:12	7	
58	164	Mather	David	Chapel Allerton Runners	M45	30:13	8	
59	731	Brion	Kealan	Vale of York Athletic Community	MSEN	30:13	33	Y
60	760	Dietz	Chris	Valley Striders AC	MSEN	30:20	34	
61	1215	Mann	Gary	Valley Striders AC	M40	30:22	9	
62	438	Macauley	Craig	Knaresborough Striders	M35	30:23	9	
63	145	Green	Joseph	Chapel Allerton Runners	MSEN	30:26	35	
64	632	Morton	Joseph	Roundhay Runners	M40	30:28	10	
65	253	Chilton	Patrick	Horsforth Harriers	MSEN	30:30	36	
66	636	Rao	Nicholas	Roundhay Runners	MSEN	30:31	37	
67	989	Douglas	Euan	Hyde Park Harriers	MSEN	30:31	38	
68	399	Hardy	Lee	Kirkstall Harriers	M40	30:35	11	
69	1311	Graham	Jamie	St Therasas AC	M45	30:37	9	
70	322	Knighton	Richard	Hyde Park Harriers	MSEN	30:38	39	
71	1113	Cliffe	Mark	Rothwell Harriers & AC	MSEN	30:40	40	
72	905	Torr	Daniel	Ackworth Road Runners	MSEN	30:53	41	
73	1045	Hipkiss	Jack	Kirkstall Harriers	MSEN	31:06	42	
74	834	Boynton	Alex	York Postal Harriers	M35	31:07	10	
75	1129	Walker	Dean	Rothwell Harriers & AC	MSEN	31:12	43	
76	129	Richardson	Gareth	Bradford Airedale AC	MSEN	31:13	44	
77	1188	Yong	Chin	St Therasas AC	M35	31:15	11	
78	1138	Furlong	Ian	Roundhay Runners	M40	31:17	12	
79	1293	Woodall	Philip	Harrogate Harriers & AC	M35	31:17	12	
80	1300	Gibbs	Richard	Roundhay Runners	M45	31:20	10	
81	454	Bryer	Josh	Nidd Valley Road Runners	MSEN	31:23	45	
82	537	Martin	Thomas	Pudsey & Bramley AC	MSEN	31:23	46	
83	1120	Kitchen	Miles	Rothwell Harriers & AC	MSEN	31:29	47	Y
84	732	Bromley	Harry	Vale of York Athletic Community	MSEN	31:33	48	
85	519	Johnson	Leo	Otley AC	MSEN	31:34	49	
86	640	Roper	Tom	Roundhay Runners	MSEN	31:44	50	
87	263	Green	Jonny	Horsforth Harriers	MSEN	31:46	51	
88	1062	Aylesbury	Caleb	Nidd Valley Road Runners	MSEN	31:48	52	
89	144	Goodwin	Jacob	Chapel Allerton Runners	MSEN	31:49	53	
90	458	Clark	Kevin	Nidd Valley Road Runners	M40	31:51	13	
91	635	Powell	Edward	Roundhay Runners	M45	31:51	11	
92	1125	Stone	Dan	Rothwell Harriers & AC	M40	31:54	14	
93	740	Martin	Ian	Vale of York Athletic Community	M55	31:57	1	
94	529	Richards	Oliver	Otley AC	M40	31:59	15	
95	1146	Quinlan	Paul	Roundhay Runners	M40	32:08	16	
96	437	Kilmurray	Tom	Knaresborough Striders	MSEN	32:11	54	
97	12	Bysouth	Tom	Abbey Runners	M45	32:15	12	

98	1003	Malkin	Alexander	Hyde Park Harriers	MSEN	32:16	55	
99	1242	Charlesworth	Nicholas	Wharfedale Harriers	M55	32:19	2	
100	843	Partridge	Simon	York Postal Harriers	M45	32:24	13	
101	587	Hunsley	Tom	Rothwell Harriers & AC	MSEN	32:26	56	
102	777	Parkinson	Andy	Valley Striders AC	MSEN	32:26	57	
103	26	Holwill	Euan	Abbey Runners	MSEN	32:29	58	
104	492	Todd	Andy	Nidd Valley Road Runners	M60	32:30	1	
105	202	Lowe	Joseph	Harrogate Harriers & AC	M50	32:31	3	Y
106	1182	Johnson	Glen	St Therasas AC	M50	32:32	4	
107	766	Grave	Paul	Valley Striders AC	M45	32:34	14	
108	1131	Blakeley	Matthew	Roundhay Runners	M50	32:37	5	
109	656	Dunbar	Stuart	Saltaire Striders	M60	32:41	2	
110	54	Scholefield	Phillip	Abbey Runners	M35	32:41	13	
111	1223	Thomas	Gwilym	Valley Striders AC	M45	32:43	15	
112	1214	Keeler	Adrian	Valley Striders AC	M45	32:46	16	
113	994	Hadley	Jonny	Hyde Park Harriers	MSEN	32:48	59	
114	797	Yao	Zejun	Valley Striders AC	M40	32:48	17	
115	1346	West	Darren	Harrogate Harriers & AC	M60	32:48	3	
116	992	Garratt	Richard	Hyde Park Harriers	M45	32:49	17	
117	184	Vis	Patrick	Chapel Allerton Runners	MSEN	32:55	60	
118	1124	Snow	Daniel	Rothwell Harriers & AC	MSEN	32:57	61	
119	951	Gaminde	Sebastian	Harrogate Harriers & AC	MSEN	32:58	62	
120	631	Mcmullan	Geoff	Roundhay Runners	M45	33:00	18	
121	220	Shacklock	Ben	Harrogate Harriers & AC	M45	33:02	19	
122	711	Maudsley	Ian	St Therasas AC	M40	33:03	18	
123	335	Pratt	John	Hyde Park Harriers	M40	33:03	19	
124	588	Jackman	Paul	Rothwell Harriers & AC	M40	33:09	20	
125	888	Antcliff	Chris	Ackworth Road Runners	M45	33:12	20	
126	79	Lines	Charles	Ackworth Road Runners	M60	33:15	4	
127	113	Walker	Richard	Airecentre Pacers	M50	33:16	6	
128	595	Robinson	James	Rothwell Harriers & AC	MSEN	33:18	63	
129	1000	Kirk	James	Hyde Park Harriers	MSEN	33:20	64	
130	629	Macdonald	Matthew	Roundhay Runners	MSEN	33:21	65	
131	1152	Wilkinson	Chris	Roundhay Runners	MSEN	33:30	66	
132	652	Carlton	James	Saltaire Striders	MSEN	33:31	67	
133	2541	Bennett	Paul	Vale of York Athletic Community	M45	33:34	21	
134	525	Paget	Tom	Otley AC	M40	33:38	21	
135	1202	Bandy	Clive	Valley Striders AC	M45	33:39	22	
136	476	Lofthouse	Martin	Nidd Valley Road Runners	M55	33:41	3	
137	838	Carter	Jim	York Postal Harriers	M50	33:41	7	
138	368	Gerrish	Adam	Ilkley Harriers	MSEN	33:50	68	
139	615	Dearden	Mike	Roundhay Runners	M45	33:54	23	
140	234	Glover	Steven	Harrogate Tri Club	M40	33:54	22	
141	361	Wallis	Nigel	Hyde Park Harriers	M45	33:57	24	
142	791	Tarran	James	Valley Striders AC	M55	34:00	4	
143	949	Fisher	Joseph	Harrogate Harriers & AC	M40	34:03	23	
144	89	Smith	Ryan	Ackworth Road Runners	M40	34:07	24	
145	1213	Jones	Steven	Valley Striders AC	MSEN	34:09	69	
146	1116	Gourley	William	Rothwell Harriers & AC	M45	34:11	25	
147	1241	Tunnard	Tim	Wetherby Runners AC	M55	34:13	5	

148	599	Westmoreland	Jason	Rothwell Harriers & AC	M55	34:17	6	
149	410	Moger	Adam	Kirkstall Harriers	M45	34:18	26	
150	705	I'anson	David	St Therasas AC	M65	34:20	1	
151	594	Rickerby	Lochie	Rothwell Harriers & AC	MSEN	34:21	70	
152	218	Sayner	Oliver	Harrogate Harriers & AC	M35	34:22	14	Y
153	609	Chan	James	Roundhay Runners	M35	34:25	15	
154	392	Al-Janabi	Daoud	Kirkstall Harriers	MSEN	34:25	71	
155	65	Wray-Rogers	Luke	Abbey Runners	M45	34:28	27	
156	528	Quin	Simon	Otley AC	M50	34:29	8	
157	586	Hickman	Martin	Rothwell Harriers & AC	M35	34:29	16	
158	355	Taylor	Lee	Hyde Park Harriers	M45	34:30	28	
159	516	Hornby	Sean	Otley AC	M50	34:31	9	
160	1021	Thompson	Danny	Ilkley Harriers	M45	34:42	29	
161	1282	Perfect	Bruce	Ackworth Road Runners	M35	34:43	17	
162	1148	Sklinar	Stu	Roundhay Runners	M35	34:44	18	
163	483	Rickard	Matt	Nidd Valley Road Runners	M45	34:48	30	
164	1095	Walsh	Jamie	Otley AC	MSEN	34:50	72	
165	214	Mcdermott	Christopher	Harrogate Harriers & AC	M35	34:50	19	
166	987	Broadhead	Curtis	Hyde Park Harriers	MSEN	34:53	73	
167	878	Mcguire	Dave	Abbey Runners	M55	34:56	7	
168	378	Whittlestone	George	Ilkley Harriers	MSEN	35:02	74	
169	753	Biddulph	Tom	Valley Striders AC	MSEN	35:03	75	
170	998	Hulson	Olly	Hyde Park Harriers	M35	35:05	20	
171	822	Wallhead	Nick	Wetherby Runners AC	M45	35:06	31	
172	775	Murray	Danny	Valley Striders AC	M45	35:07	32	
173	1080	Wilkinson	Matthew	Nidd Valley Road Runners	M40	35:08	25	
174	783	Sanderson	Ian	Valley Striders AC	M50	35:09	10	
175	388	Hill	Andy	Kippax & District Harriers	M50	35:15	11	
176	608	Burton	Phil	Roundhay Runners	M55	35:15	8	
177	2554	Casement	Rich	Horsforth Harriers	M40	35:19	26	
178	536	Lighten	David	Pudsey & Bramley AC	M40	35:21	27	
179	155	Isherwood	David	Chapel Allerton Runners	M45	35:22	33	
180	810	Davey	Richard	Wetherby Runners AC	M50	35:22	12	
181	1320	Mc Aleavy	Stuart	Wharfedale Harriers	M50	35:29	13	
182	198	Ingoe	Anthony	Dragons Running Club (Leeds)	M40	35:33	28	
183	50	Rogerson	Tom	Abbey Runners	M45	35:36	34	
184	425	Cornforth	James	Knaresborough Striders	MSEN	35:38	76	
185	590	Livesey	Phil	Rothwell Harriers & AC	MSEN	35:38	77	
186	345	Shakespeare	Ed	Hyde Park Harriers	MSEN	35:39	78	
187	37	Lillford	Steve	Abbey Runners	M45	35:40	35	
188	839	Carter	Matt	York Postal Harriers	M45	35:41	36	
189	375	Singleton	David	Ilkley Harriers	M50	35:41	14	
190	1031	Harding	Andrew	Kippax & District Harriers	M50	35:41	15	
191	1220	Shaker	Andrew	Valley Striders AC	MSEN	35:45	79	
192	146	Greenland	Rob	Chapel Allerton Runners	M50	35:46	16	
193	1180	Cotterill	Jamie	St Therasas AC	M45	35:52	37	
194	2551	Frazer	Martin	Abbey Runners	M55	36:01	9	
195	85	Robinson	Michael	Ackworth Road Runners	M35	36:02	21	
196	212	Jordan	Mark	Harrogate Harriers & AC	M65	36:02	2	
197	1289	Hutter	Russell	Chapel Allerton Runners	M55	36:02	10	

198	323	Lawley	Joe	Hyde Park Harriers	MSEN	36:04	80	
199	407	Masey	Jack	Kirkstall Harriers	M35	36:06	22	
200	6	Ashworth	Richard	Abbey Runners	M50	36:07	17	
201	857	Laughton	Mark	York Triathlon Club	M55	36:08	11	
202	211	Howard	Ashley	Harrogate Harriers & AC	MSEN	36:10	81	
203	764	Furby	Mike	Valley Striders AC	M50	36:13	18	
204	179	Shepherd	Stuart	Chapel Allerton Runners	M45	36:14	38	
205	463	Easton	Jonathan	Nidd Valley Road Runners	M45	36:18	39	
206	299	Donnelly	Dan	Hyde Park Harriers	M55	36:21	12	
207	330	Mephram	Ben	Hyde Park Harriers	MSEN	36:21	82	
208	966	Boocock	Steven	Horsforth Fellandale	M55	36:23	13	
209	1212	Jones	Graham	Valley Striders AC	M55	36:24	14	
210	521	Keay	Andy	Otley AC	M40	36:26	29	
211	405	Longmate	Kevin	Kirkstall Harriers	M35	36:32	23	
212	1305	Gibb	Ewan	Saltaire Striders	M35	36:34	24	
213	297	Didelot	Lewis	Hyde Park Harriers	MSEN	36:35	83	
214	1098	Martin	Laurence	Pudsey & Bramley AC	M40	36:37	30	
215	1361	Edmondson	Iain	Wetherby Runners AC	M55	36:37	15	
216	1301	Parton	Callum	Roundhay Runners	MSEN	36:40	84	
217	398	Geisleris	Giedrius	Kirkstall Harriers	M40	36:44	31	Y
218	499	Ashwell	Paul	Otley AC	M45	36:50	40	
219	134	Allison	David	Chapel Allerton Runners	M50	36:52	19	
220	890	Bennett	Simon	Ackworth Road Runners	M65	36:54	3	
221	246	Baines	Andrew	Horsforth Harriers	M45	36:55	41	
222	1042	Weeks	Andrew	Kippax & District Harriers	M45	36:56	42	
223	1047	Nodwell	Adam	Kirkstall Harriers	M40	36:58	32	Y
224	403	Le Cornu	Henry	Kirkstall Harriers	MSEN	37:00	85	
225	156	Jewitt	Fred	Chapel Allerton Runners	MSEN	37:01	86	
226	573	Bywater	Andy	Rothwell Harriers & AC	M45	37:04	43	
227	151	Hill	Jason	Chapel Allerton Runners	MSEN	37:09	87	
228	257	Eagle	Jonathan	Horsforth Harriers	M60	37:14	5	
229	741	Middup	Steve	Vale of York Athletic Community	M65	37:20	4	
230	818	Mcnicholas	Edward	Wetherby Runners AC	MSEN	37:23	88	
231	500	Bowness	Harry	Otley AC	MSEN	37:25	89	
232	229	Wilkinson	Gary	Harrogate Harriers & AC	M50	37:27	20	
233	849	Summerson	George	York Postal Harriers	M40	37:28	33	
234	1237	Rodgers	Mike	Wetherby Runners AC	M40	37:31	34	
235	785	Sedgley	Matthew	Valley Striders AC	MSEN	37:33	90	
236	45	Parker	Karl	Abbey Runners	MSEN	37:34	91	
237	910	Gatenby	Robert	Airecentre Pacers	M45	37:34	44	
238	22	Freeman	Saul	Abbey Runners	MSEN	37:38	92	
239	1078	Scaife	Nigel	Nidd Valley Road Runners	M50	37:39	21	
240	87	Smith	Andrew	Ackworth Road Runners	M45	37:43	45	
241	429	Edmondson	Ewan	Knaresborough Striders	M60	37:45	6	
242	623	Hodge	Tony	Roundhay Runners	M50	37:49	22	
243	746	Senior	Martin	Vale of York Athletic Community	M50	37:52	23	
244	197	Huisman	Daniel	Dragons Running Club (Leeds)	MSEN	37:54	93	
245	268	Landells	Martin	Horsforth Harriers	M60	37:56	7	
246	439	Marshall	Guy	Knaresborough Striders	M60	38:01	8	
247	1114	Duckering	Josh	Rothwell Harriers & AC	MSEN	38:05	94	

248	696	Fletcher	Jonathan	St Therasas AC	M45	38:09	46	
249	1221	Slater	James	Valley Striders AC	M50	38:10	24	
250	457	Carvey	Chris	Nidd Valley Road Runners	M55	38:12	16	
251	169	Pendleton	Scott	Chapel Allerton Runners	MSEN	38:14	95	
252	327	Martinson	Ian	Hyde Park Harriers	M60	38:16	9	
253	10	Bastin	Tony	Abbey Runners	M55	38:17	17	
254	494	Turner	Steven	Nidd Valley Road Runners	M50	38:20	25	
255	1077	Read	Carl	Nidd Valley Road Runners	M45	38:20	47	
256	185	Waddington	Thomas	Chapel Allerton Runners	M35	38:22	25	
257	428	Dobinson	Derek	Knaresborough Striders	M45	38:23	48	
258	1339	Middleton	Joe	Ackworth Road Runners	MSEN	38:23	96	
259	680	Tryc	Pawel	Saltaire Striders	M40	38:24	35	
260	3	Armer	Carrick	Abbey Runners	M40	38:34	36	
261	868	Steel	Phil	York Triathlon Club	M45	38:41	49	
262	870	Watkins	Matthew	York Triathlon Club	M40	38:41	37	
263	538	Rafton	David	Pudsey & Bramley AC	M40	38:42	38	Y
264	84	Preston	Andrew	Ackworth Road Runners	M35	38:44	26	
265	1068	Cocker	Simon	Nidd Valley Road Runners	M55	38:44	18	
266	207	Gill	Michael	Harrogate Harriers & AC	M55	38:48	19	
267	929	Kendell	John	Chapel Allerton Runners	M45	38:49	50	
268	235	Hatch	Gary	Harrogate Tri Club	M60	38:54	10	
269	178	Sellman	Richard	Chapel Allerton Runners	M45	38:56	51	
270	424	Conkleton	Gareth	Knaresborough Striders	M50	38:56	26	
271	480	Patel	Girish	Nidd Valley Road Runners	M55	38:59	20	
272	318	Jones	Chris	Hyde Park Harriers	M65	39:00	5	
273	1218	Parton	Adam	Valley Striders AC	M50	39:02	27	
274	1338	Marshall	Nev	Ackworth Road Runners	M60	39:02	11	
275	1054	Knott	Richard	Knaresborough Striders	M60	39:04	12	
276	736	Grice	John James	Vale of York Athletic Community	MSEN	39:05	97	
277	906	Wallace	David	Ackworth Road Runners	M55	39:06	21	
278	376	Snow	Matthew	Ilkley Harriers	M45	39:07	52	
279	451	Abbott	Richard	Nidd Valley Road Runners	M45	39:08	53	
280	996	Hartley	Ben	Hyde Park Harriers	M45	39:09	54	
281	879	Morimoto	Kazuki	Abbey Runners	M55	39:12	22	
282	718	Seddon	Tim	St Therasas AC	M65	39:17	6	
283	750	Adcock	Richard	Valley Striders AC	M55	39:19	23	
284	985	Blatherwick	John	Hyde Park Harriers	M35	39:21	27	
285	419	Bell	Andy	Knaresborough Striders	M50	39:21	28	
286	513	Hey	Charlie	Otley AC	M60	39:30	13	
287	2547	Fidczuk	George	Hyde Park Harriers	MSEN	39:33	98	
288	969	Goodacre	Ben	Horsforth Fellandale	M35	39:44	28	
289	1352	Andralojc	Nick	Nidd Valley Road Runners	M60	39:44	14	
290	778	Pawley	Graham	Valley Striders AC	M55	39:45	24	
291	1211	Jackson	Jon	Valley Striders AC	M55	39:47	25	
292	1027	Davy	Alan	Kippax & District Harriers	M45	39:48	55	
293	678	Spencer	Tim	Saltaire Striders	M65	39:48	7	
294	1058	Waller	Ian	Knaresborough Striders	M65	39:52	8	
295	311	Godsall	Michael	Hyde Park Harriers	MSEN	39:53	99	
296	1240	Trapps	Steve	Wetherby Runners AC	M50	39:56	29	
297	582	Gregory	Mark	Rothwell Harriers & AC	M60	39:59	15	Y

298	61	Ward	John	Abbey Runners	M70	40:00	1	
299	1176	Winterbottom	Josh	Saltaire Striders	MSEN	40:08	100	
300	163	Lyons	Chris	Chapel Allerton Runners	M45	40:10	56	
301	8	Balkwill	James	Abbey Runners	M50	40:19	30	
302	166	O'Hara	John	Chapel Allerton Runners	M50	40:22	31	
303	606	Bowen	James	Roundhay Runners	MSEN	40:23	101	
304	518	Jeffrey	Michael	Otley AC	M70	40:29	2	
305	704	Horbury	Martin	St Therasas AC	M60	40:31	16	
306	195	Firth	Calum	Dragons Running Club (Leeds)	MSEN	40:31	102	
307	853	Hanley	Chris	York Triathlon Club	M45	40:34	57	
308	339	Ramsden	Paul	Hyde Park Harriers	M45	40:37	58	
309	733	Bromley	Richard	Vale of York Athletic Community	M55	40:41	26	
310	262	Freeman	Paul	Horsforth Harriers	M55	40:52	27	
311	596	Thorpe	Stuart	Rothwell Harriers & AC	M55	40:57	28	
312	95	Walker	Will	Ackworth Road Runners	M40	40:58	39	
313	646	Walker	John	Roundhay Runners	M60	41:00	17	
314	850	Whitby	Mark	York Postal Harriers	M55	41:11	29	
315	1034	Hill	Tom	Kippax & District Harriers	MSEN	41:15	103	
316	139	Cuthbertson	Nic	Chapel Allerton Runners	M60	41:15	18	
317	671	Mosedale	Tim	Saltaire Striders	M40	41:20	40	
318	871	Wray	Scott	York Triathlon Club	M55	41:20	30	
319	598	Ward	Roger	Rothwell Harriers & AC	M65	41:24	9	
320	613	Common	Paul	Roundhay Runners	M60	41:34	19	
321	420	Brennan	Sean	Knaresborough Striders	M55	41:35	31	
322	63	Whittaker	Jim	Abbey Runners	M55	41:36	32	
323	617	Elliott	John	Roundhay Runners	M60	41:39	20	
324	812	Elwell	Paul	Wetherby Runners AC	M45	41:41	59	
325	2546	Leslie	David	Abbey Runners	M70	41:46	3	
326	126	Miran	Sohail	Bradford Airedale AC	M50	41:50	32	
327	143	Gibson	Paul	Chapel Allerton Runners	M65	41:55	10	
328	770	Kaulgud	Dinesh	Valley Striders AC	M50	42:02	33	
329	763	Fox	Ken	Valley Striders AC	M65	42:04	11	
330	867	Souch	Iain	York Triathlon Club	M55	42:14	33	
331	321	Kidner	Ralph	Hyde Park Harriers	M70	42:19	4	
332	502	Brown	Simon	Otley AC	M45	42:26	60	
333	653	Darcy	Graham	Saltaire Striders	M55	42:35	34	
334	353	Tasker	Richard	Hyde Park Harriers	M40	42:43	41	
335	803	Bell	Richard	Wetherby Runners AC	M55	42:46	35	
336	294	Cartwright	Richard	Hyde Park Harriers	M40	42:52	42	
337	56	Simkins	Paul	Abbey Runners	M50	42:54	34	
338	132	Wignall	Michael	Bradford Airedale AC	M40	42:56	43	
339	182	Sutcliffe	Adam	Chapel Allerton Runners	M50	42:58	35	
340	807	Callaghan	Peter	Wetherby Runners AC	M60	43:03	21	
341	655	Douglas	Alan	Saltaire Striders	M55	43:04	36	
342	434	Harrop	Andrew	Knaresborough Striders	M60	43:06	22	
343	1072	Manning	Paul	Nidd Valley Road Runners	M55	43:09	37	
344	319	Judd	Andrew	Hyde Park Harriers	M55	43:18	38	
345	78	Leach	Adrian	Ackworth Road Runners	M55	43:25	39	
346	196	Harrison	Robert	Dragons Running Club (Leeds)	M50	43:31	36	
347	490	Smith	Nick	Nidd Valley Road Runners	M65	43:33	12	

348	676	Read	Jamie	Saltaire Striders	MSEN	43:36	104	
349	873	Blinston	Peter	Abbey Runners	M55	43:38	40	
350	660	Griffiths	Alun	Saltaire Striders	M65	43:44	13	
351	387	Hammond	Paul	Kippax & District Harriers	M60	43:46	23	
352	645	Twitchett	Mark	Roundhay Runners	M50	44:11	37	
353	290	Brown	Stephen	Hyde Park Harriers	M55	44:20	41	
354	774	Mace	Andrew	Valley Striders AC	M50	44:21	38	
355	232	Dunn	Paul	Harrogate Tri Club	M40	44:33	44	
356	669	Love	Martin	Saltaire Striders	M60	44:44	24	
357	794	Wallace	John	Valley Striders AC	M55	44:54	42	
358	255	Duffy	Richard	Horsforth Harriers	M70	45:16	5	
359	971	Wallace	Neil	Horsforth Fellandale	M50	45:23	39	
360	305	Fawcett	Daniel	Hyde Park Harriers	MSEN	45:25	105	
361	784	Sawyer	Chris	Valley Striders AC	M65	45:30	14	
362	945	Rollett	Andrew	Dragons Running Club (Leeds)	M40	45:37	45	
363	748	Wigglesworth	Daniel	Vale of York Athletic Community	M40	45:41	46	
364	745	Plows	Brad	Vale of York Athletic Community	MSEN	45:50	106	
365	216	Murphy	Kevin Malachy	Harrogate Harriers & AC	M65	45:54	15	
366	523	Langdon	Matt	Otley AC	M45	46:06	61	
367	228	Walker	Mark	Harrogate Harriers & AC	M60	46:09	25	
368	286	Beswick	Alan	Hyde Park Harriers	M60	46:12	26	
369	385	Durkin	Paul	Kippax & District Harriers	M60	46:22	27	
370	1351	Wilkins	Jordan	Kippax & District Harriers	MSEN	46:30	107	
371	530	Walsh	Carl	Otley AC	M60	47:51	28	
372	275	Proctor-Clarke	Joseph	Horsforth Harriers	MSEN	48:09	108	
373	18	Craddock	Charlie	Abbey Runners	M55	48:25	43	
374	1174	Storey	Ian	Saltaire Striders	M45	48:48	62	
375	338	Pullan	Richard	Hyde Park Harriers	M65	48:51	16	
376	416	Taylor	Malcolm	Kirkstall Harriers	M35	50:12	29	
377	177	Sedgley	Neil	Chapel Allerton Runners	M55	50:57	44	
378	980	Taylor	Ian	Horsforth Harriers	M55	51:46	45	
379	574	Bywater	Chris	Rothwell Harriers & AC	M70	52:02	6	
380	768	Jackson	Bob	Valley Striders AC	M70	52:37	7	
381	826	Thompson	Geoff	Wharfedale Harriers	M65	53:00	17	
382	974	Dinsdale	Mark	Horsforth Harriers	M55	53:08	46	
383	900	Payne	Richard	Ackworth Road Runners	M50	53:57	40	
384	1172	Silva	Mervyn	Saltaire Striders	M65	54:05	18	
385	1297	Morley	Eric	Knaresborough Striders	M70	54:22	8	
386	788	Starks	Iain	Valley Striders AC	M60	54:46	29	
387	1145	Moore	Colin	Roundhay Runners	M70	57:48	9	
388	527	Payne	Bob	Otley AC	M75	59:38	1	
389	1355	Appleby	Martin	Rothwell Harriers & AC	M65	1:04:18	19	